

THE SPA NOMAD

TREATMENT MENU

Facial treatments and massages

Simply Wellness - \$388

135 mins

This tranquil premium VIP package involves a luxurious massage and our signature Classic Facial. Enjoy a full body relaxing massage to release tension and stress from tight muscles and our signature Classic Facial to bring hydration and revitalisation to your skin.

Simply Wellness - \$225

75 mins

30 mins of luxurious massage and 45 mins signature Classic Facial to bring hydration and revitalisation to your skin.

Facial treatments

All facial treatments are 60 minutes and include shoulder and facial massage

Luxurious classic relaxing facial - \$188

This treatment is designed for all skin types. This is a specialised relaxing aspect treatment customised to your specific skin needs with all the essentials including: cleanse, exfoliate, and masks to deliver excellent results. It includes relaxing Shoulder and Facial Massage.

Brightening facial - \$188

Revitalising and brightening facial is perfect for dry, dull and tired skin. Beginning with an enzyme peel, the process removes the outermost layer of dead skin cells, followed by the application of vitamin A, C and E ampule product boost. The LED light therapy machine and a brightening mask which will leave your skin softer and brighter.

TARGET SKIN CONCERNS: Dry or rough skin, dull and tired skin, fine lines and wrinkles

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Collagen Facial - \$188

Ultimate anti-ageing treatment for plumping skin and reducing fine lines. It involves a hot and cold machine which applies collagen ampule product on your skin. The heat increases blood and lymphatic circulation and stimulates the growth of new collagen and elastin. The cold temperature boosts skin metabolism and energy, resulting in visible skin renewal.

TARGET SKIN CONCERNS: Fine lines, wrinkles and pigmentation, dull and tired skin

Prenatal / Postnatal - \$188

Specially customised for pregnant women and breastfeeding mothers to accommodate the increased sensitivity of your skin. It helps to deeply hydrate the skin to alleviate some of the dryness or dullness commonly experienced in pregnancies. Further, it assists in stimulating your blood circulation and oxygenates the skin to leave your face with a healthy glow.

TARGET SKIN CONCERNS: Dry or rough skin, enlarged pores, spider veins and broken capillaries, redness and rosacea, acne scarring, fine lines and wrinkles

Hollywood facial - \$258

Also known as the Red Carpet facial, the Hollywood Facial is a 60-minute intensive treatment using two professional masks from IS Clinical. It is designed to resurface the skin, reduce fine lines, wrinkles and hyper-pigmentation, help clear acne and improve acne scarring. It provides instant brightening, tightening and smoothing effects with no downtime.

TARGET SKIN CONCERNS: Acne scarring, acne reduction, fine lines and wrinkles, pigmentation, blackheads and breakouts, dry or rough skin, enlarged pores, redness and rosacea

Eye treatments

Add on to any facial package

Brow tint - \$40

Application of semi-permanent dye to enhance, shape, and define your brows.

Eyelash Tint - \$40

Eyelash tint consists of adding a special dye to your eyelashes, giving you dark, full lashes without the assistance of mascara.

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Eyebrow shape - \$40

Eyebrow shape with tweeze and trim.

Premium eye treatment with collagen and cold machine - \$50

Upgrade any facial with this treatment to address fine lines, wrinkles, dark circles and puffiness. It involves massaging the eye area with a machine using high temperature to stimulate blood circulation and reduce eye bags. It will end with a collagen-boosting eye mask which will lift your skin and reduce fine lines around your delicate eye area to reveal brighter, and more refreshed eyes. Suitable for Sensitive Skin.

Massages

Signature relaxing massage with ultimate face ritual - \$220

90 mins

This full body massage has been designed to promote general relaxation, relieves muscular tension, and improves circulation and movement range, leaving you feeling deeply relaxed and indulged. This treatment works from your head to your toes, and concludes with the relaxing facial dissolving away all of your stress and tension.

Swedish/Relaxing massage - \$158

60 mins

A Swedish massage focuses on muscle relaxation, targeting superficial muscles and increasing the level of oxygen in the blood. It helps to improve circulation and flexibility while easing tension. This massage incorporates several specific techniques, including long, gliding strokes to help break up trigger points and rhythmic tapping with cupped hands to facilitate relaxation. These techniques combine to relax the entire body by warming up the muscle tissue, releasing tension and gradually breaking up any knots.

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Couple rituals

Couple escape - \$398 per person

90 mins

Relax and unwind with someone by sharing a Couples Massage and Relaxing Facial experience. Choose from between our highly regarded Relaxing Massage or Swedish Massage and finished with a facial. The treatment will be an hour and a half per person.

Pamper party

Designed with groups of 3 or more in mind. Our pamper parties are perfect for hen's and bridal parties, baby showers, mother's groups, ladies nights in, taking some time out to refresh with friends or just because you can!

60mins per person - \$158 per person

Pick any 2: 30 mins Express Facial and 30 mins Swedish/Relaxing Massage

90mins per person - \$200 per person

60 mins Facial + 30 mins Swedish/Relaxing Massage

120mins per person - \$245 per person

60 mins Advanced Facial (Oxygen, Brightening, Collagen, Prenatal/Postnatal) + 30 mins Swedish/Deep Tissue Massage + Eye Trio Treatment (Eyebrow Shape, Eyebrow and Eyelash Tint).