

# THE SPA NOMAD

## TREATMENT MENU

### Facial treatments

All facial treatments are 60 minutes and include shoulder and facial massage

#### Luxurious classic relaxing facial - \$188

This treatment is designed for all skin types. This is a specialised relaxing aspect treatment customised to your specific skin needs with all the essentials including: cleanse, exfoliate, and masks to deliver excellent results. It includes relaxing Shoulder and Facial Massage.

#### Brightening facial - \$188

Revitalising and brightening facial is perfect for dry, dull and tired skin. Beginning with an enzyme peel, the process removes the outermost layer of dead skin cells, followed by the application of vitamin A, C and E ampule product boost. The LED light therapy machine and a brightening mask which will leave your skin softer and brighter.

**TARGET SKIN CONCERNS:** Dry or rough skin, dull and tired skin, fine lines and wrinkles

#### Collagen Facial - \$188

Ultimate anti-ageing treatment for plumping skin and reducing fine lines. It involves a hot and cold machine which applies collagen ampule product on your skin. The heat increases blood and lymphatic circulation and stimulates the growth of new collagen and elastin. The cold temperature boosts skin metabolism and energy, resulting in visible skin renewal.

**TARGET SKIN CONCERNS:** Fine lines, wrinkles and pigmentation, dull and tired skin

#### Prenatal / Postnatal - \$188

Specially customised for pregnant women and breastfeeding mothers to accommodate the increased sensitivity of your skin. It helps to deeply hydrate the skin to alleviate some of the dryness or dullness commonly experienced in pregnancies. Further, it assists in stimulating your blood circulation and oxygenates the skin to leave your face with a healthy glow.

**TARGET SKIN CONCERNS:** Dry or rough skin, enlarged pores, spider veins and broken capillaries, redness and rosacea, acne scarring, fine lines and wrinkles

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## Hollywood facial - \$258

Also known as the Red Carpet facial, the Hollywood Facial is a 60-minute intensive treatment using two professional masks from IS Clinical. It is designed to resurface the skin, reduce fine lines, wrinkles and hyper-pigmentation, help clear acne and improve acne scarring. It provides instant brightening, tightening and smoothing effects with no downtime.

**TARGET SKIN CONCERNS:** Acne scarring, acne reduction, fine lines and wrinkles, pigmentation, blackheads and breakouts, dry or rough skin, enlarged pores, redness and rosacea

## Eye treatments

Add on to any facial package

### Brow tint - \$40

Application of semi-permanent dye to enhance, shape, and define your brows.

### Eyelash Tint - \$40

Eyelash tint consists of adding a special dye to your eyelashes, giving you dark, full lashes without the assistance of mascara.

### Eyebrow shape - \$40

Eyebrow shape with tweeze and trim.

### Premium eye treatment with collagen & cold machine - \$50

Upgrade any facial with this treatment to address fine lines, wrinkles, dark circles and puffiness. It involves massaging the eye area with a machine using high temperature to stimulate blood circulation and reduce eye bags. It will end with a collagen-boosting eye mask which will lift your skin and reduce fine lines around your delicate eye area to reveal brighter, and more refreshed eyes. Suitable for Sensitive Skin.

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## Couple rituals

**Couple escape - \$398 per person**

**75 mins per person**

Relax and unwind with someone by sharing a Couples Massage and Relaxing Facial experience. Choose from between our highly regarded Relaxing Massage or Swedish Massage and finished with a facial. The treatment will be an hour and a half per person.

## Pamper party

Designed with groups of 3 or more in mind. Our pamper parties are perfect for hen's and bridal parties, baby showers, mother's groups, ladies nights in, taking some time out to refresh with friends or just because you can!

**60mins per person - \$158 per person**

Pick any 2: 30 mins Express Facial and 30 mins Swedish/Relaxing Massage

**90mins per person - \$200 per person**

60 mins Facial + 30 mins Swedish/Relaxing Massage

**120mins per person - \$245 per person**

60 mins Advanced Facial (Oxygen, Brightening, Collagen, Prenatal/Postnatal) + Eye Trio Treatment (Eyebrow Shape, Eyebrow and Eyelash Tint).